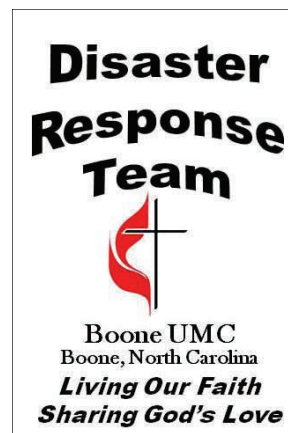


# Family Disaster Preparedness Supply List

It's that time of year when our thoughts turn to hurricane, tornado and flood preparedness. The best way to ensure your family's safety is to plan ahead *before* a disaster strikes. We're providing a list of supplies to consider, which would supply your family's needs for 3-7 days. It's our hope you will share this with family and friends.



## HOUSEHOLD ITEMS

- Battery-powered radio
- Battery-powered flashlights w/ extra batteries
- Cash or travelers checks & change
- Map to follow evacuation routes/ find shelters
- Minimum 3-day supply non perishable, packaged or canned food (e.g. canned or dried juice mixes, powdered or canned milk, peanut butter, jelly, crackers, unsalted nuts, trail mix, cereals, rice, cookies, hard candies, instant coffee, tea bags)
- Basic food seasoning (salt/pepper)
- Manual can opener
- Paper plates & cups
- Minimum 3-day supply bottled drinking water in sealed unbreakable containers—one gallon per person per day. Don't forget pets! Replace every 3 months.
- First aid kit
- Fire extinguisher (small ABC type)
- Duct tape

- Waterproof matches
- Sewing kit
- Plastic storage containers
- Paper, pencils & pens
- Aluminum foil
- Plastic sheeting/tarps
- Basic tool kit (adjustable wrench, screw-drivers hammer, etc.)

## FAMILY DOCUMENTS

*Originals in safe or safety deposit box copy in waterproof container*

- Birth/death/marriage certificates
- Ownership documents
- Insurance policies
- Passports/visas
- Social Security cards
- Bond/stock issues
- Wills/living trusts
- Medical records/children's vaccination history
- Photocopies of all cards carried in wallet
- Backup disks of computer information
- Irreplaceable photographs/ videotapes/family heirlooms

- Inventory of personal property for filing insurance claims. List everything and include receipts of big ticket items.
- Videotape of photos of home(s) contents to supplement written inventory of your home.
- Clothing & bedding (for each family member)
- Sturdy shoes or work boots
- Rain gear
- Blankets & sleeping bags
- Hat & work gloves
- Thermal underwear
- Sunglasses
- Insect repellent & sun screen
- Important/family phone numbers

## SANITATION SUPPLIES

- Toilet paper & towelettes
- Soap & liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags w/ties
- Plastic bucket w/tight lid
- Disinfectant
- Unscented household bleach

**STORING YOUR KIT**—Choose a cool, dark location (i.e. a closet or “safety corner” in the garage). If you have limited space, be innovative. (Store under stairways or in large plastic tub covered with a tablecloth).

**LAYER AND MONITOR YOUR SUPPLIES**—layer supplies and keep them together in a container such as a plastic garbage can on wheels. Check supplies every 6 months for expiration dates, changes in clothing sizes and weather requirements. To remember, inspect kits when setting clocks back and changing smoke detector batteries.

**USE WHAT YOU ALREADY HAVE**—Use what you already have and prepare as if you are going camping for three (3) days with no facilities. If you're a camper, use your camping supplies—tent, camp stove, and water jugs.

**TIPS FOR STORING AND USING WATER**—Purify water by boiling it for 5-10 minutes or by adding drops of unscented household bleach containing 5.25% hypochlorite. FEMA recommends 16 drops of bleach per one (1) gallon of water. Purification tablets of a filter system designed for backpackers also work well. Store water in plastic three-liter soda bottles. Milk jugs 'break down' over time. Consider freezing water.