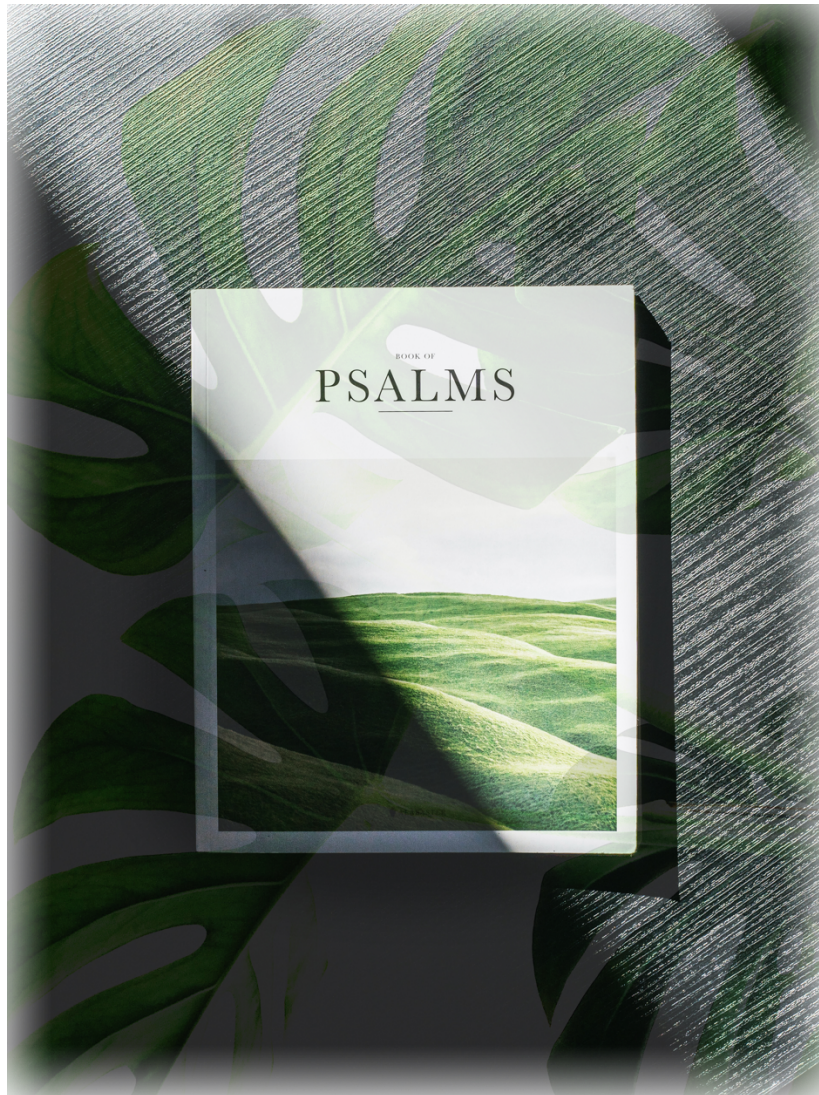


2022 SUMMER PSALM DEVOTION BOOK



This booklet has been compiled to lead us together
through this summer's sermon series,

PRAYERS FROM THE HEART FOR EVERY SEASON OF LIFE

Follow along each week in contemplation of sermon
scripture. Questions to help you think through sermons
are also provided in this booklet. We look forward to
journeying through the Psalms with you this summer!

WEEK 1: JUNE 6 – 12

Psalm 100

- ¹ Shout for joy to the LORD, all the earth.
- ² Worship the LORD with gladness;
come before him with joyful songs.
- ³ Know that the LORD is God.
It is he who made us, and we are his;
we are his people, the sheep of his pasture.
- ⁴ Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and praise his name.
- ⁵ For the LORD is good and his love endures
forever;
his faithfulness continues through all
generations.

Questions

- 1.** Psalm 100 is a Psalm of outward praise for all of God's goodness and His enduring faithfulness. What is your response to the ways God has been faithful in your life?
- 2.** If it is not thanksgiving and does not result in His praise, what might be hindering you from your worship of God?

WEEK 2: JUNE 13 – 19

Psalm 51

- ¹ Have mercy on me, O God,
according to your unfailing love;
according to your great compassion
blot out my transgressions.
- ² Wash away all my iniquity
and cleanse me from my sin.
- ³ For I know my transgressions,
and my sin is always before me.
- ⁴ Against you, you only, have I sinned
and done what is evil in your sight;
so you are right in your verdict
and justified when you judge.
- ⁵ Surely I was sinful at birth,
sinful from the time my mother conceived me.
- ⁶ Yet you desired faithfulness even in the womb;
you taught me wisdom in that secret place.
- ⁷ Cleanse me with hyssop, and I will be clean;
wash me, and I will be whiter than snow.
- ⁸ Let me hear joy and gladness;
let the bones you have crushed rejoice.
- ⁹ Hide your face from my sins
and blot out all my iniquity.

- 10** Create in me a pure heart, O God,
and renew a steadfast spirit within me.
- 11** Do not cast me from your presence
or take your Holy Spirit from me.
- 12** Restore to me the joy of your salvation
and grant me a willing spirit, to sustain me.
- 13** Then I will teach transgressors your ways,
so that sinners will turn back to you.
- 14** Deliver me from the guilt of bloodshed, O
God,
you who are God my Savior,
and my tongue will sing of your
righteousness.
- 15** Open my lips, Lord,
and my mouth will declare your praise.
- 16** You do not delight in sacrifice, or I would
bring it;
you do not take pleasure in burnt offerings.
- 17** My sacrifice, O God, is a broken spirit;
a broken and contrite heart
you, God, will not despise.
- 18** May it please you to prosper Zion,
to build up the walls of Jerusalem.
- 19** Then you will delight in the sacrifices of the
righteous,

in burnt offerings offered whole;
then bulls will be offered on your altar.

Questions

- 1.** Were you to make this prayer of David's your own prayer, what might God strip away in answer to your request for God to create in you a pure heart?
- 2.** How might your life begin to look different as a result?

WEEK 3: JUNE 20 – 26

Psalm 138

- ¹ I will praise you, LORD, with all my heart;
before the “gods” I will sing your praise.
- ² I will bow down toward your holy temple
and will praise your name
for your unfailing love and your faithfulness,
for you have so exalted your solemn decree
that it surpasses your fame.
- ³ When I called, you answered me;
you greatly emboldened me.
- ⁴ May all the kings of the earth praise you, LORD,
when they hear what you have decreed.
- ⁵ May they sing of the ways of the LORD,
for the glory of the LORD is great.
- ⁶ Though the LORD is exalted, he looks kindly on
the lowly;
though lofty, he sees them from afar.
- ⁷ Though I walk in the midst of trouble,
you preserve my life.
You stretch out your hand against the anger of
my foes;
with your right hand you save me.
- ⁸ The LORD will vindicate me;

your love, LORD, endures forever—
do not abandon the works of your hands.

Questions

- 1.**What are ways that God has answered you when you have called?
- 2.**Where might God need to embolden you in your life...in your relationship with Him...in your relationship with others?

WEEK 4: JUNE 27 – JULY 3

Psalm 30

- ¹ I will exalt you, LORD,
for you lifted me out of the depths
and did not let my enemies gloat over me.
- ² LORD my God, I called to you for help,
and you healed me.
- ³ You, LORD, brought me up from the realm of
the dead;
you spared me from going down to the pit.
- ⁴ Sing the praises of the LORD, you his faithful
people;
praise his holy name.
- ⁵ For his anger lasts only a moment,
but his favor lasts a lifetime;
weeping may stay for the night,
but rejoicing comes in the morning.
- ⁶ When I felt secure, I said,
"I will never be shaken."
- ⁷ LORD, when you favored me,
you made my royal mountain stand firm;
but when you hid your face,
I was dismayed.
- ⁸ To you, LORD, I called;
to the Lord I cried for mercy:

⁹ "What is gained if I am silenced,
if I go down to the pit?
Will the dust praise you?
Will it proclaim your faithfulness?
¹⁰ Hear, LORD, and be merciful to me;
LORD, be my help."
¹¹ You turned my wailing into dancing;
you removed my sackcloth and clothed me
with joy,
¹² that my heart may sing your praises and not
be silent.
LORD my God, I will praise you forever.

Questions

- 1.** When have you felt close to God?
- 2.** How can remembrances of those times help you in the dark nights of weeping?

WEEK 5: JULY 4 – 10

Psalm 63

- ¹ You, God, are my God,
earnestly I seek you;
I thirst for you,
my whole being longs for you,
in a dry and parched land
where there is no water.
- ² I have seen you in the sanctuary
and beheld your power and your glory.
- ³ Because your love is better than life,
my lips will glorify you.
- ⁴ I will praise you as long as I live,
and in your name I will lift up my hands.
- ⁵ I will be fully satisfied as with the richest of
foods;
with singing lips my mouth will praise you.
- ⁶ On my bed I remember you;
I think of you through the watches of the
night.
- ⁷ Because you are my help,
I sing in the shadow of your wings.
- ⁸ I cling to you;
your right hand upholds me.

- ⁹ Those who want to kill me will be destroyed;
they will go down to the depths of the earth.
- ¹⁰ They will be given over to the sword
and become food for jackals.
- ¹¹ But the king will rejoice in God;
all who swear by God will glory in him,
while the mouths of liars will be silenced.

Questions

- 1.** What are some things, activities, or persons that you have sought after to quench the thirsting of your soul?
- 2.** How have they proved satisfying?
- 3.** How have these left you still thirsting?

WEEK 6: JULY 11 – 17

Psalm 69

- ¹ Save me, O God,
for the waters have come up to my neck.
- ² I sink in the miry depths,
where there is no foothold.
I have come into the deep waters;
the floods engulf me.
- ³ I am worn out calling for help;
my throat is parched.
My eyes fail,
looking for my God.
- ⁴ Those who hate me without reason
outnumber the hairs of my head;
many are my enemies without cause,
those who seek to destroy me.
I am forced to restore
what I did not steal.
- ⁵ You, God, know my folly;
my guilt is not hidden from you.
- ⁶ Lord, the LORD Almighty,
may those who hope in you
not be disgraced because of me;
God of Israel,
may those who seek you

not be put to shame because of me.

⁷ For I endure scorn for your sake,
and shame covers my face.

⁸ I am a foreigner to my own family,
a stranger to my own mother's children;

⁹ for zeal for your house consumes me,
and the insults of those who insult you fall on
me.

¹⁰ When I weep and fast,
I must endure scorn;

¹¹ when I put on sackcloth,
people make sport of me.

¹² Those who sit at the gate mock me,
and I am the song of the drunkards.

¹³ But I pray to you, LORD,
in the time of your favor;
in your great love, O God,
answer me with your sure salvation.

¹⁴ Rescue me from the mire,
do not let me sink;
deliver me from those who hate me,
from the deep waters.

¹⁵ Do not let the floodwaters engulf me
or the depths swallow me up
or the pit close its mouth over me.

16 Answer me, LORD, out of the goodness of
your love;
in your great mercy turn to me.

17 Do not hide your face from your servant;
answer me quickly, for I am in trouble.

18 Come near and rescue me;
deliver me because of my foes.

19 You know how I am scorned, disgraced and
shamed;
all my enemies are before you.

20 Scorn has broken my heart
and has left me helpless;
I looked for sympathy, but there was none,
for comforters, but I found none.

21 They put gall in my food
and gave me vinegar for my thirst.

22 May the table set before them become a
snare;
may it become retribution and a trap.

23 May their eyes be darkened so they cannot
see,
and their backs be bent forever.

24 Pour out your wrath on them;
let your fierce anger overtake them.

25 May their place be deserted;
let there be no one to dwell in their tents.

- 26** For they persecute those you wound
and talk about the pain of those you hurt.
- 27** Charge them with crime upon crime;
do not let them share in your salvation.
- 28** May they be blotted out of the book of life
and not be listed with the righteous.
- 29** But as for me, afflicted and in pain—
may your salvation, God, protect me.
- 30** I will praise God's name in song
and glorify him with thanksgiving.
- 31** This will please the LORD more than an ox,
more than a bull with its horns and hooves.
- 32** The poor will see and be glad—
you who seek God, may your hearts live!
- 33** The LORD hears the needy
and does not despise his captive people.
- 34** Let heaven and earth praise him,
the seas and all that move in them,
- 35** for God will save Zion
and rebuild the cities of Judah.
- Then people will settle there and possess it;
- 36** the children of his servants will inherit it,
and those who love his name will dwell there.

Questions

- 1.**Who or what has caused you to be so angry that it has caused you to curse?
- 2.**How could uttering that curse to the Lord help you?

WEEK 7: JULY 18 – 24

Psalm 13

- ¹ How long, LORD? Will you forget me forever?
How long will you hide your face from me?
- ² How long must I wrestle with my thoughts
and day after day have sorrow in my heart?
How long will my enemy triumph over me?
- ³ Look on me and answer, LORD my God.
Give light to my eyes, or I will sleep in death,
- ⁴ and my enemy will say, "I have overcome him,"
and my foes will rejoice when I fall.
- ⁵ But I trust in your unfailing love;
my heart rejoices in your salvation.
- ⁶ I will sing the LORD's praise,
for he has been good to me.

Questions

1. When have you asked the Lord, "how long?"
2. What answers have you received?

WEEK 8: JULY 25 – 31

Psalm 121

- ¹ I lift up my eyes to the mountains—
where does my help come from?
- ² My help comes from the LORD,
the Maker of heaven and earth.
- ³ He will not let your foot slip—
he who watches over you will not slumber;
- ⁴ indeed, he who watches over Israel
will neither slumber nor sleep.
- ⁵ The LORD watches over you—
the LORD is your shade at your right hand;
- ⁶ the sun will not harm you by day,
nor the moon by night.
- ⁷ The LORD will keep you from all harm—
he will watch over your life;
- ⁸ the LORD will watch over your coming and going
both now and forevermore.

Questions

1. What does it mean for you that the Lord never slumbers or sleeps?
2. When does that fact bring you comfort?
3. Has that fact ever disturbed you?

WEEK 9: AUG. 1 – 7

Psalm 71

- ¹ In you, LORD, I have taken refuge;
let me never be put to shame.
- ² In your righteousness, rescue me and deliver me;
turn your ear to me and save me.
- ³ Be my rock of refuge,
to which I can always go;
give the command to save me,
for you are my rock and my fortress.
- ⁴ Deliver me, my God, from the hand of the wicked,
from the grasp of those who are evil and cruel.
- ⁵ For you have been my hope, Sovereign LORD,
my confidence since my youth.
- ⁶ From birth I have relied on you;
you brought me forth from my mother's womb.
I will ever praise you.
- ⁷ I have become a sign to many;
you are my strong refuge.
- ⁸ My mouth is filled with your praise,
declaring your splendor all day long.

- ⁹ Do not cast me away when I am old;
do not forsake me when my strength is gone.
- ¹⁰ For my enemies speak against me;
those who wait to kill me conspire together.
- ¹¹ They say, "God has forsaken him;
pursue him and seize him,
for no one will rescue him."
- ¹² Do not be far from me, my God;
come quickly, God, to help me.
- ¹³ May my accusers perish in shame;
may those who want to harm me
be covered with scorn and disgrace.
- ¹⁴ As for me, I will always have hope;
I will praise you more and more.
- ¹⁵ My mouth will tell of your righteous deeds,
of your saving acts all day long—
though I know not how to relate them all.
- ¹⁶ I will come and proclaim your mighty
acts, Sovereign LORD;
I will proclaim your righteous deeds, yours
alone.
- ¹⁷ Since my youth, God, you have taught me,
and to this day I declare your marvelous
deeds.
- ¹⁸ Even when I am old and gray,
do not forsake me, my God,

till I declare your power to the next generation,
your mighty acts to all who are to come.

19 Your righteousness, God, reaches to the
heavens,

you who have done great things.

Who is like you, God?

20 Though you have made me see troubles,
many and bitter,

you will restore my life again;

from the depths of the earth

you will again bring me up.

21 You will increase my honor
and comfort me once more.

22 I will praise you with the harp
for your faithfulness, my God;

I will sing praise to you with the lyre,
Holy One of Israel.

23 My lips will shout for joy
when I sing praise to you—
I whom you have delivered.

24 My tongue will tell of your righteous acts
all day long,

for those who wanted to harm me

have been put to shame and confusion.

Questions

- 1.** Looking back over your entire life, what are some of the mighty acts, marvelous deeds, and great things God has done in your life that you would want to declare and proclaim with joy to the next generation?

WEEK 10: AUG. 8 – 14

Psalm 23

- ¹ The LORD is my shepherd, I lack nothing.
- ² He makes me lie down in green pastures,
he leads me beside quiet waters,
- ³ he refreshes my soul.
He guides me along the right paths
for his name's sake.
- ⁴ Even though I walk
through the darkest valley,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.
- ⁵ You prepare a table before me
in the presence of my enemies.
You anoint my head with oil;
my cup overflows.
- ⁶ Surely your goodness and love will follow me
all the days of my life,
and I will dwell in the house of the LORD
forever.

Questions

- 1.** In what ways have you experienced God's goodness, mercy, and love following you all the days of your life, perhaps even through the darkest valleys?

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our monthly Scripture Journaling Plan.

Find it at:

[BOONEUMC.ORG/SCRIPTURE-WRITING](https://booneumc.org/scripture-writing)